

Journey to Wholeness

Moving From 'How' we are to 'Who' we are!



Sunday Workshop
17 August 2008
Byron Bay

The format of this one-day event will be information-sharing, demonstrations, experiential exercises, and discussion.

Discover and Experience:

- The links between psychological development and the energy field
- How to apply Barbara Brennan's model of relational healing in your life

Who is this for?

- Anyone wanting to deepen awareness of themselves
- Body workers who work with subtle energies
- Anyone interested in changing patterns of behaviour that are not working
- Anyone wanting to improve relationships
- Those who work with people, particularly in helping professions

Whether you are interested in this material for your own personal transformation or for your profession, you will gain new insights and practical skills to apply in all areas of your life

During this weekend you will learn about:

- The five character defence structures
- How and why we develop these ways of being
- How to recognise and soften the habitual energetic patterns in ourselves and others
- How to move into your core qualities
- Ways to embody and embrace your true essence

*"I wish I could show you, when you are lonely or in darkness,
the astonishing Light of your own Being" (Hafiz)*

When: Sunday 17 August 2008

Time: 9.30 – 5.30pm

Where: "Bay Villa" Unit 3, 25 Cavanbah St, Byron Bay, 2481

Cost: \$150-00

To register:

Via Email: Email Miriam or Robyn directly (see address below)

By Phone: Call Miriam or Robyn directly (see numbers below)

For any enquiries, please feel free to contact either:

Miriam (Noosa Heads): (07) 5455 4550 or mjs888@optusnet.com.au

Robyn (Byron Bay): 0424 930 588 or amarahurst@hotmail.com

Biographies:

Miriam Schafer

After 20 years with the Australian Foreign Service and the United Nations, living and working in seven different countries, Miriam went on to study energy medicine with Barbara Brennan, 'Synchronicity' with Deepak Chopra, and NLP with Melissa Scott. Since 2002 she has had a full-time practice as a Wholistic Life Coach in Noosa Heads, QLD, with a global clientele, and was recently profiled in Dale Beaumont's book, "Secrets of Inspiring Women Exposed". She enjoys teasing out the unique gifts of each person she works with, and seeing them align with their life's purpose. (www.miriamschafer.com)

Robyn Hurst

Robyn is a psychologist and Brennan Energy Healer based in the Northern Rivers area, NSW. She trained with Dr Barbara Brennan (author 'Hands of Light') for four years in energy medicine and energy psychology. She also has a naturopathic background, having trained and worked in this area in the 1980's. Robyn's passion is weaving her knowledge and interest in the body-mind-energy interface together in creative ways so that healing and insight may occur on many levels.